



Wk. 7 Practice: Generational Buds

Read 1 Timothy 4:10 and note what Paul says motivates the way they “toil and strive.” He says it’s his hope that shapes his efforts. Nothing motivates us quite like our expectations. If our plans for the future come from God, then we’ll be formed by His vision for our lives (read 1 Thessalonians 1:3). However, many of our outlooks on life have been shaped by our experiences and our families. What are you hoping for, and how is that shaping you today?

Step 1:

- Describe your general outlook on life
 - Are you more compelled by fear of failure or potential for success?
 - How has that shaped your plans?
 - How has God shaped your hopes over the years?

Step 2:

- Describe the general outlook your family held toward the future
 1. Optimism – an excited belief that things will go well
 2. Anxiety – a fear that things won’t turn out well
 3. Obsession – so busy dwelling on the future that they aren’t always present
 4. Indifferent – whatever happens, happens
 - What have you accepted (called normal), ignored (chosen not to deal with), adopted (took up in my own life) or rejected (lived in defiance of) this way of looking at the future?

My outlook on the future	My family’s outlook on the future
What have I accepted, ignored, adopted, or rejected this way of looking at the future?	